SUICIDE RISK ASSESSMENT ACRONYMS FOR IN SESSION INQUIRY

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ASSESSMENT ACRONYM	SOURCE	ELEMENTS
IS PATH WARM	(AAS, 2006)	Ideation; Substances; Purpose; Anxiety; Trapped;
		Hopelessness; Withdrawal; Anger; Reckless; and Mood
SIMPLE STEPS*	(McGothlin, 2008)	S – are you Suicidal?, I – Ideation, M – Means, P –
		Perturbation, L – Loss, E – Earlier attempts, S –
		Substance abuse, T – Trouble-shooting the client's
		problem-solving ability, E – Emotion (hopeless, hapless,
		worthless, loneliness, depression), P – P arents or family
		history, exposure, S – S tress and life events,
SAD PERSONS	(Patterson, Dohn, & Bird, 1983)	Sex: Male, Age: older person, Depression, Previous
		attempt(s), Ethanol abuse, Rational thinking loss, Social
		supports lacking, Organizes plan, No spouse, Sickness
SUICIDAL	(Streed, 2011)	Lists 45 items for one assessment and another for
		subject precipitated homicide. See Table below or
		http://www.investigativesciencesjournal.org/article/vie
		w/8273
MAN THIS ISN'T	(Sankaranarayanan	<u>M</u> ental issues: depression, anxiety, agitation, guilt,
FAIR	, 2007)	shame, delusions, <u>A</u> ttempts at self-destruction, <u>N</u> o
		positive support from family, peers, T riggering
		stressors, <u>H</u> opelessness, <u>I</u> deas and <u>I</u> ntent, <u>S</u> ubstance
		abuse, <u>I</u> llness, chronic pain, <u>S</u> uicide in family history,
		Suicide <u>n</u> ote, <u>F</u> inal arrangements, saying goodbye,
		giving away possessions, Access to means, Isolation,
		Recent psychiatric hospitalization
NO HOPE	(Shea, 2002)	No meaning; Overt change in clinical presentation;
		Hostile environment; Out
PLAID PALS	(Johnson, 2015)	Plan, Lethality, Availability, Illness, Depression, Previous
		attempts, Alone, Loss, Substance abuse
PLAID	(Granello &	Prior attempts; Lethality; Access to means; Intent;
	Granello, 2007)	D rugs/alcohol.
MAP	(Granello &	Mental state (thinking); Affective state (emotions);
	Granello, 2007)	Psychological state (circumstances)

SLAP	(Granello &	Specificity; Lethality; Availability; Proximity of help	
	Granello, 2007)		
PIMP	(Granello &	Plan; Intent; Means; Prior attempts	
	Granello, 2007)	,	
DEAD PIMP	(Whitehead, 2012)	Disorder, Environmental Stressors, Access to Firearms,	
		Disinhibition, Previous attempts, Ideation, Male, Plan	
MIPIMP (Suicide Mood, Ideation		Mood, Ideation, Plan, Intent/Impulsivity, Means, Prior	
	assessment	Attempts	
	acronym MIPIMP,	Accompts	
	n.d.)		
PIMP DADS	(PIMP DADS, n.d., comments).	Plan, Intent, Means, Prior attempts, Drugs/alcohol, Age,	
		Diagnosed mental illness, Support	

	"SUICIDAL" ACRONYM FOR SUICIDES AND SUBJECT PRECIPITATED HOMICIDE (formerly referred to as "Suicide by cop") (Streed, 2011)					
S	Significant Others (loss or absence of)	Subject precipitated homicide (suicide-by-cop):				
	Support Systems (lacking or inexplicable drop out	Stigma Avoidance				
	from)	Strategic planning				
	Suicide Preoccupation (Gestures, threats,	Self-causation of deadly force				
	attempts)	Sensational death				
	Sub-intentioned suicide	Symbolic intention				
	Self-inflicted non-fatal injuries					
	Surprise expressed by family or friends					
	Separating from life					
	Shame-avoidance					
	Succorance					
U	"Unsuccessful" previous attempts	Subject precipitated homicide (suicide-by-cop):				
_		Understands consequences of threats to kill officer				
	Inquiring about death and/or afterlife	Subject precipitated homicide (suicide-by-cop):				
	Identification with others who have died from	Intent to die				
	suicide	Isolated Tactical position				
	Impulsivity					
	• Inviolacy					
	• Introspection					
	Isolation for attempt	Outline to a service to disconnected a ferrital de la constant de				
C	Chronic illness	Subject precipitated homicide (suicide-by-cop):				
	Chronic injury	Control of impulses numbed, restricted				
	Chronic family instability	Confrontational interactions				
	Communicated intent					
_	Cognitive issues	Subject precipitated homicide (suicide-by-cop):				
D	Demographics Demographics					
	DepressionDichotomous thinking	Death fantasy				
	Doctorous trinking Domination of others	 Display of actual or simulated weapon Defiance 				
	Dependence	Detiance Deadline for the act				
	Disorientation	• Deadline for the act				
	Drug Abuse					
	Delug Abuse Delusional experiences					
_	Age	Subject precipitated homicide (suicide-by-cop):				
Α	Abuse: emotional, physical, sexual					
	Abuse. emotional, physical, sexual Abasement	 Aggressive lifestyle Arrest(s), engagement with authorities 				
	Anger	Assault on Societal or target's conscience				
	Alliances not/poorly formed	Acceptance of this mode by family, friends				
	Anomic preoccupation	Atypical altruism				
	Autonomy	, aspical did distri				
	Anniversary of significant event					
	Alcohol abuse					
	Altruistic integration into a group/cause					
ı	Lifestyle in turmoil	Subject precipitated homicide (suicide-by-cop):				
-	Love for life is ended	Life-threatening actions provoking lethal force by				
	Lack of purpose	another				
	Legal issues					
	• Loss					
	• Loneliness					

Source: Harrington, J. A., & Daughhetee, C. (2018). Crisis prevention and intervention. In B. T. Erford *Orientation to the Counseling Profession: Advocacy, Ethics, and Essential Foundations* (3rd Ed.). New York: Pearson.

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