

# SUICIDE PREVENTION: KNOW THE RISK FACTORS

- Academic Pressures
- Access to Lethal Means
- Loss or Suicide of a Loved One
- Previous Suicide Attempt
- Family Dysfunction
- Health Issues (physical and mental)
- Bullying (all forms) / Harassment
- Substance Use / Addiction
- Abuse (all types)
- Lack of Purpose or Self-worth
- No Sense of Belonging
- PTSD / Complex Trauma
- Relationships:
  - Social Challenges
  - Dating Issues
  - Social “Drama”

## Higher Risk Populations

Native Americans | Caucasians | LGBTQ | Men | Military Families | Perfectionists

This list of risk factors shown is not all-inclusive and is offered as a starting point.