

## Resource List of Suicide Risk Assessments

Original document compiled by Mary Bartlett, Ph.D.  
Annotation and additions, Judith Harrington, Ph.D., November, 2010

### CHOOSING YOUR ASSESSMENT

Each agency or individual practitioner will want to review and evaluate which assessments are best suited for one's client population served. Some of the factors that go into consideration may include:

- Cost to purchase and resupply
- Ease in scoring
- Time needed to take for client  
time needed for staff to administer
- Lead time needed, or in-session  
assessment possible
- Thoroughness of information yielded
- Seamlessness of fit with existing policies  
and protocols
- Seamlessness of fit with documentation  
strategies
- Youth and/or adult versions available
- Reliability, validity status measured and  
acceptable
- Other...?

### INFORMAL REVIEW POSSIBLE VIA THE INTERNET

Many general assessment-specific websites can assist clinicians to review and select the utility of a variety of assessments. One may search directly within a test publications website, such as PAR or Psychological Corporation, Inc. Also, try looking for Mental Measurements Yearbook. A simple "google" search will review many of the instruments along with specific sites provided here. For one's own research, some of these websites are listed:

[www.healthline.com/galecontent/](http://www.healthline.com/galecontent/)  
[www.testagency.com/test/show167](http://www.testagency.com/test/show167) or  
[www.testagency.com/?test/show/168](http://www.testagency.com/?test/show/168)  
[www.novelguide.com/a/discover/gemd\\_01/gemd\\_01\\_00081.html](http://www.novelguide.com/a/discover/gemd_01/gemd_01_00081.html)  
[www.tjta.com/products/TST\\_007.htm](http://www.tjta.com/products/TST_007.htm)  
[www.psychassessments.com.au/Category.aspx?grpld=all&cID=172](http://www.psychassessments.com.au/Category.aspx?grpld=all&cID=172)

[www.minddisorders.com/Br-Del/](http://www.minddisorders.com/Br-Del/)  
[www.encyclopedia.com/doc/1G2-3405700081.html](http://www.encyclopedia.com/doc/1G2-3405700081.html)  
[www.neurotransmitter.net/suicidescales.html](http://www.neurotransmitter.net/suicidescales.html)  
<http://www4.parinc.com/> for the Psychological Assessments Resources, Inc. catalog  
<https://www.tjta.com/asp/index.asp> for the PPI or Psychological Publications, Inc. catalog  
[www.suicideassessment.com](http://www.suicideassessment.com) (CASE [Shea])

### ACRONYMS

Many of the published suicide assessment instruments are also widely recognized by their acronyms, while others are referred to without an acronym reference. The following list are but a few of those assessments reviewed in the following pages.

ASIQ or SIQ	RFL-YA	PHI
BSS	RFL-A	SRI-25
CAMS	BHS	SIQ-JR
CASE Interview (Shea)	CISS	ISO-30
CASE (Reynolds & Bigler)	FAST	SBHF
CASE-SF (Reynolds & Bigler)	SBQ	
PANSI	SBQ-R	

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Annotations, Instructions, and Additions Made by Judith Harrington, Ph.D. from resources

For classification purposes, “Adult” is considered 18 years of age and above; “teen” and “adolescent” is considered 13 to 17, and “child” is considered 12 and below.

## **ADULT ASSESSMENTS**

- **Adult Suicide Ideation Questionnaire (ASIQ)**
- **Beck Scale for Suicide Ideation (BSS)**
- **Chronological Assessment of Suicide Events (CASE Interview)**  
Principal originator / seek permission: Shawn Shea, M.D.  
Items / ease of scoring: Structured clinical interview with empirical data to support effectiveness. Grounded in Allen Ivey's model for conducting effective interviews and stages of the helping process.  
Website for preliminary review: [www.suicideassessment.com/](http://www.suicideassessment.com/) download free articles (see right side of web page)
- **Clinical Assessment Scales for the Elderly: (CASE) or (CASESF = Short Form)**  
Principal originator / seek permission: Cecil Reynolds & Erin Bigler, (2001)  
Items / ease of scoring: Self-report form or to be interviewed by other caregiver. 10 clinical scales (with 3 validity scales included) measuring Anxiety, Cognitive Competence, Depression, Fear of Aging, Obsessive-Compulsiveness, Paranoia, Psychoticism, Somatization, Mania, and Substance Abuse. Not timed, likely takes 20-40 minutes. CASESF covers all 10 scales; takes about 20 minutes. 10 minutes to score. Individual or group administration possible.  
Website for preliminary review:  
Notes: For persons between ages 55 and 90. Was standardized using 1000 S's each for long and short forms. Reynolds, Cecil R., and Erin D. Bigler. *Clinical Assessment Scales for the Elderly*. San Antonio, TX: The Psychological Corporation, 2001. Forms, products, starter kit ranges between \$28-228. See <http://www.testagency.com/?/test/show/167/>
- **Collaborative Assessment and Management of Suicide (CAMS)**  
Principal originator / seek permission: Dr. David Jobes
- **Lifetime Parasuicide Count**
- **Quiz on Depression and Suicide in Late Life**
- **Reynolds Depression Screening Inventory: Ages 18 to 89**
- **Suicide Potential Rating Scale**
- **Positive and Negative Suicide Ideation Inventory (PANSI)**  
Principal originator / seek permission: Dr. Augustine Osman, [augustine.osman@uni.edu](mailto:augustine.osman@uni.edu) for permission requests  
Items / ease of scoring: 14-item self-report instrument, 5-point Likert scale (none of the time to most of the time) for assessing the frequency of negative risk and protective factors associated with suicide-related behaviors. Can be done in-session by client or clinician-led interview.  
Website for primary review: [www.utsa.edu/psychlabs/osman/Files/pansi2002.pdf](http://www.utsa.edu/psychlabs/osman/Files/pansi2002.pdf)

- **Reasons for Living for Young Adults (RFL-YA)**  
Principal originator / seek permission: Dr. Augustine Osman.
- **Risk Factors for Suicide in Adults**

### Adult and Teen/Adolescent Assessments

- **Beck Anxiety Inventory**
- **Scale for Suicide Ideation (Beck et al.): Age 17 and above**  
Principal originator / seek permission: Aaron Beck  
Items / ease of scoring: Website for preliminary review:  
[www.medalreg.com/www/sheets/ch18/suicideideationscale/xlsBeck](http://www.medalreg.com/www/sheets/ch18/suicideideationscale/xlsBeck) Scale for Suicide Ideation (BSS) must be purchased.
- **Inventory of Suicide Orientation: Ages 13 to 18**
- **Positive and Negative Suicide Ideation (PANSI): Adults (has been evaluated for use as a screening device for adolescents in high school)**
- **Suicide Ideation Questionnaire: Grades 10-12**
- **Suicide Ideation Questionnaire for Junior high schoolers (SIQ-JR)**
- **Suicide Probability Scale: Age 14 and above.**

### Teen/Adolescent Assessments

- **Adolescent Suicide Interview**
- **Brief Reasons for Living Inventory for Adolescents**
- **Columbia Teen Screen**
- **Evaluation of Suicide Risk Among Adolescents and Imminent Danger Assessment**
- **Harkavy Asnis Suicide Scale**
- **Multi-Attitude Suicide Tendency Scale for Adolescents**
- **Reasons for Living Inventory for Adolescents (RFL-A)**  
Principal originator / seek permission: Dr. Augustine Osman
- **Suicide Ideation Questionnaire Jr.: Grades 7-9**

### Teen/Adolescent and Child Assessments

- **Challenges and Coping Survey for Lesbian, Gay, and Bisexual Youth**
- **Child-Adolescent Suicidal Potential Index**
- **Juvenile Suicide Assessment**

### Child Assessments

- **Child Suicide Potential Scales**
- **Expendable Child Measure**
- **Reynolds Child Depression Scale: Grades 3-6**

## No Age Specified

- Beck Depression Inventory
- Beck Hopelessness Scale (BHS)  
must be purchased
- Coping Inventory for Stressful Situations (CISS)  
must be purchased
- Coping Resources Inventory
- Firestone Assessment of Self-Destructive Thoughts (FAST)  
must be purchased
- InterSePT Scale for Suicidal Thinking
- Reasons for Living Inventory
- Reasons for Living Inventory Short Form
- Scale for Suicide Ideation—Worst
- Self-Monitoring Suicide Ideation Scale
- Suicide Behaviors Questionnaire (SBQ)  
Principal originator / seek permission: Dr. Marsha Linehan, linehan@u.washington.edu  
Website for preliminary review:  
[www.brtc.psych.washington.edu/pubs/instruments/html](http://www.brtc.psych.washington.edu/pubs/instruments/html)
- Suicide Behaviors Questionnaire—Revised (SBQ-R)  
Principal originator / seek permission: Dr. Augustine Osman, augustine.osman@uni.edu  
for permission requests  
Items / ease of scoring: 4 items, self-report, assesses frequency of lifetime suicide ideation, suicide attempts, threats of suicide, and self-reported suicide likelihood.  
Website for preliminary review: [www.uni.edu/osman/files/sbq-r.pdf](http://www.uni.edu/osman/files/sbq-r.pdf)
- Suicide Ideation Scale

## Other Instruments

- Beck Scale for Suicide Ideation
- College Student Reasons for Living
- Hamilton Rating Scale for Depression (Suicide Item)
- Lethality Scales
- Reasons for Living Inventory Long Form (Linehan)  
Principal originator / seek permission: Dr. Marsha Linehan  
Items / ease of scoring: 72 items
- Modified Scale for Suicide Ideation
- Parasuicide History Inventory
- Parasuicide History Interview (PHI)  
Principal originator / seek permission: Dr. Marsha Linehan
- Paykel Suicide Items

- Risk-Rescue Scale for Suicide Ideation
- Suicide Intent Scale
- Suicide Probability Scale
- Suicide Status Form
- Self-Inflicted Injury Severity Form
- Symptom-Driven Diagnostic System for Primary Care (Suicide Items)
- Suicide Ideation Screening Questionnaire
- Suicide Opinion Questionnaire
- Suicide Intervention Response Inventory
- Risk-Rescue Rating (Weisman & Worden)
- SAD PERSONS Scale
- Modified SAD PERSONS Scale (Hockberger & Rothstein)
- The Suicide Resilience Inventory-25 (SRI-25)  
Principal originator / seek permission: Dr. Augustine Osman,
- Assessment of suicide Risk
- Risk Factors (Powell et al.) Predicting the Risk of suicide in a Psychiatric Ward Inpatient
- Suicidal Ideation Questionnaire (SIQ)
- Inventory of Suicide Orientation-30 (ISO-30)  
must be purchased
- Suicide Behavior History Form (SBHF)  
must be purchased